



HAWAII ISLAND SCHOOL SAFETY: Being Prepared
Released: February 2019

Supporting Children and Families Before, During and After a School Safety Incident

<p><u>Ages 1-6: Gr. PreK-1</u> <i>Young children are curious and are constantly learning new things from the environment and the people who surround them. Our role is to ensure young children are safe as well as <u>feel</u> safe. We help them feel safe by providing them with developmentally appropriate, honest and factual information coupled with simple steps to follow in the event of a school lockdown.</i></p>	<p><u>Ages 7-11: Gr. 2-6</u> <i>Children in this age group are more aware of what is happening in their environment and take their cues from the people around them. For this age group, it is important that they know the adults on their school campus are not only there to provide them an education, but to also keep them safe. Children in this age group also need developmentally appropriate, honest and factual information, but can be enlisted to help come up with ideas for the how and why to behave a certain way during school lockdowns.</i></p>	<p><u>Ages 12-18: Gr. 7-12</u> <i>Adolescents and teens are typically informed by what they see and hear in their environment, as well as what they see and hear via social media. As the adults on school campuses, our role is to help them sift through all of the information they are exposed to and listen to what their thoughts and ideas are about what is happening in the world around them. We help them sort through what is factual and what may be exaggerated through words and images. We also listen to what they are fearful of and what we can do to address those fears by collaboratively coming up with steps to take in the event of a school lockdown. As always, ensure that the information shared with adolescents is developmentally appropriate.</i></p>	<p><u>Additional Resources for Families and School Staff</u> <i>Parents and caregivers play an integral part in how our students are prepared and respond to a school safety incident, as well as in the aftermath. We can support families by providing information on how to respond to children's questions, concerns and behaviors.</i></p>
<p>For SCHOOLS Helpful Online Resources:</p> <ul style="list-style-type: none"> • Talking to Children About Violence: Tips for Parents and Teachers From the National Association of School Psychologists (NASP) • Helping Youth after Community Trauma: Tips for Educators From 	<p>For SCHOOLS Helpful Online Resources:</p> <ul style="list-style-type: none"> • Talking to Children About Violence: Tips for Parents and Teachers From the National Association of School Psychologists (NASP) • Helping Youth after Community Trauma: Tips for Educators From 	<p>For SCHOOLS Helpful Online Resources:</p> <ul style="list-style-type: none"> • Talking to Children About Violence: Tips for Parents and Teachers From the National Association of School Psychologists (NASP) • Helping Youth after Community Trauma: Tips for Educators From 	<p>For FAMILIES and SCHOOLS Helpful Online Resources:</p> <ul style="list-style-type: none"> • 2018 Hawai'i Island Services Directory for Families • Tips for Talking With and Helping Children and Youth Cope After a Disaster or Traumatic Event-From SAMHSA • Helping Children and Adolescents



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<p>The National Child Traumatic Stress Network (NCTSN)</p> <ul style="list-style-type: none">• How to Support Someone Who Has Experienced Trauma From ECHO<ul style="list-style-type: none">◦ INFOGRAPHIC: How to Support Someone Who Has Experienced Trauma <p>Read Aloud Resource:</p> <ul style="list-style-type: none">• Why Are We Having a Lockdown Drill? By Carolyn Kisloski <p>Web Articles:</p> <ul style="list-style-type: none">• Lockdown Anxiety: Teachers Talk About How to Explain Drills and Calm Kids' Fears, By Emily Schlesinger• My school's new emergency plan includes lockdown drills. How can we keep them from scaring the kids? By Jamie Howard, PhD <p>For FAMILIES</p> <p>Helpful Online Resources:</p> <ul style="list-style-type: none">• Talking to Children About Violence: Tips for Parents and Teachers From the National Association of School Psychologists (NASP)• Age-Related Reactions to a Traumatic Event From The National Child Traumatic Stress Network (NCTSN)• Parent Tips for Helping School-Age	<p>The National Child Traumatic Stress Network (NCTSN)</p> <ul style="list-style-type: none">• How to Support Someone Who Has Experienced Trauma From ECHO<ul style="list-style-type: none">◦ INFOGRAPHIC: How to Support Someone Who Has Experienced Trauma <p>Web Article:</p> <ul style="list-style-type: none">• Lockdown Anxiety: Teachers Talk About How to Explain Drills and Calm Kids' Fears, By Emily Schlesinger <p>Bullying Prevention Resources:</p> <ul style="list-style-type: none">• Bullying: what staff should know and can do• StopBullying.gov <p>For FAMILIES</p> <p>Helpful Online Resources:</p> <ul style="list-style-type: none">• Talking to Children About Violence: Tips for Parents and Teachers From the National Association of School Psychologists (NASP)• Age-Related Reactions to a Traumatic Event From The National Child Traumatic Stress Network (NCTSN)• Parent Tips for Helping School-Age Children after Disasters (NCTSN)• After a Crisis: How Young Children Heal (NCTSN)	<p>The National Child Traumatic Stress Network (NCTSN)</p> <ul style="list-style-type: none">• How to Support Someone Who Has Experienced Trauma From ECHO<ul style="list-style-type: none">◦ INFOGRAPHIC: How to Support Someone Who Has Experienced Trauma• Lockdown Anxiety: Teachers Talk About How to Explain Drills and Calm Kids' Fears, By Emily Schlesinger• Teen Stress From Johns Hopkins Bloomberg School of Public Health <p>Bullying Prevention Resources:</p> <ul style="list-style-type: none">• Bullying: what students should know and can do• StopBullying.gov <p>For FAMILIES</p> <p>Helpful Online Resources:</p> <ul style="list-style-type: none">• Talking to Children About Violence: Tips for Parents and Teachers From the National Association of School Psychologists (NASP)• Age-Related Reactions to a Traumatic Event From The National Child Traumatic Stress Network (NCTSN)• Parent Tips for Helping Adolescents after Disasters	<p>Cope with Violence and Disasters</p> <p>Web Articles:</p> <ul style="list-style-type: none">• School Safety during Emergencies: What Parents Need to Know From the American Academy of Pediatrics• Getting Your Family Prepared for a Disaster <p>Bullying Prevention Resources:</p> <ul style="list-style-type: none">• Bullying is not acceptable in Hawaii's public school system• HIDOE Anti-Bullying Work• Bullying: what parents and families should know and can do
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<p>Children after Disasters (NCTSN)</p> <ul style="list-style-type: none">• After a Crisis: How Young Children Heal (NCTSN)• Talking to Children about the Shooting (NCTSN)-How to talk with children in the aftermath of a shooting <p>Web Article:</p> <ul style="list-style-type: none">• How to Talk to Your Kids about School Lockdown Drills without Scaring Them	<ul style="list-style-type: none">• Talking to Children about the Shooting (NCTSN)-How to talk with children in the aftermath of a shooting <p>Web Article:</p> <ul style="list-style-type: none">• How to Talk to Your Kids about School Lockdown Drills without Scaring Them	<p>(NCTSN)</p> <ul style="list-style-type: none">• Talking to Children about the Shooting (NCTSN)-How to talk with children in the aftermath of a shooting	
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